





## Sign Up Now!



# AFTER SCHOOL PROGRAMS

STARTING SEPTEMBER 20

The Program Includes:

- Learn About Horses
- Arts & Crafts
- Interpersonal Skills
- Non- Riding Program





201.336.3370



40 Fort Lee Road, Leonia NJ  
at Overpeck Park

Sign Up Now!

### AFTER SCHOOL LEADERS PROGRAM

Children (7-12)  
Will enjoy our OUTDOOR SPACES!

Tuesdays and Thursdays from 4-6 pm  
Starting September 20, 2022

This non-riding, equine learning and leading horsemanship program emphasize compassion, teamwork, and leadership skills.

\$750.00 for 12 weeks  
\$275.00 for 4 weeks

The afterschool leaders' program highlights your child's innate leadership abilities as they develop healthy relationships and communication skills in the company of our horses and other children. All our work is on the ground, and there will be no riding.

When you put your children in the hands of our adult team of experienced professionals (a leadership coach and an LPC who are equine specialists), they learn to read non-verbal cues, develop compassion, and understand their personal space and the needs of others.

After School Leaders is not your typical afterschool horsemanship program, your child will have hands-on experience in our stables, pastures, and learning center with conversations and activities that emphasize safety around the horses, horse behavior, basic anatomy, equine communication, and body language, grooming and horse care and of course many horse fun facts!

It is guaranteed to be an educational adventure being around horses, in nature, learning and leading together! Limited availability.

Please reserve at [bergenequestriancenter@gmail.com](mailto:bergenequestriancenter@gmail.com)

**EVERY WEDNESDAY@ 6PM**

# Meditation



[www.bergenequestrian.com](http://www.bergenequestrian.com)

The graphic is a square with a light beige background and a decorative gold border. The border features stylized leaf motifs in the corners and sunburst patterns on the sides. The text is centered, with the time and frequency at the top, the word 'Meditation' in a large serif font in the middle, a photograph of a woman interacting with a horse below it, and the website URL at the bottom.

**BERGENEQUESTRIAN.COM**

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Leonia, NJ 07605**

**Email Us at [bergenequestriancenter@gmail.com](mailto:bergenequestriancenter@gmail.com)**

**201-336-3370**